### How will it help me?

With OpenNotes, reading your notes after a visit with your doctor can help you:

- Better understand your diagnosis.
- Better understand your treatment.
- Figure out what you still don't understand and what questions you have for your doctor.
- Explain to your family what the doctor told you.
- Catch mistakes or misunderstandings.
- Remember to get any followup tests.
- Remember when to go back to your doctor.
- Know what medicines to take and how to take them safely and as prescribed.
- Be better prepared for your next visit with your doctor.



For more info...

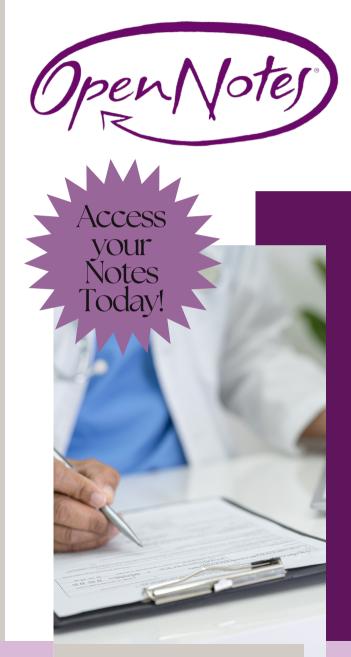
Call us at 516-686-4400,

Visit our website at www.advantagecaredtc.org/opennotes

or

Visit the Open Notes Website at www.opennotes.org







### What is an Open Note?

After a medical visit, doctors, nurses, and other health care providers write notes that summarize important information about you. These notes become a part of your medical record. When a note is shared with you, it becomes an "open note."

# Where can I access my Open Notes?

The most common way to access your notes is through the online secure patient portal. Using this secure and free portal, you can, among other things, request appointments, message your health care team, and view your health record, including the notes. If you are not registered on the portal, contact us at 516-686-4400 to find out how to create a portal account.

### Did you know...

- 97% of patients and Care givers reported that trust in their doctor was greater or the same after reading at least one open note.
- 94% of patients and their care partners said they had greater understanding of health conditions and that they better remembered the patient's care plan and felt more in control

# Scan Below to Login to your Patient Portal



